

big black birds circling in the sky’ are all the vultures, it’s the image of all these meaningless movements—not meaningless, but these things posing to be the real thing, that aren’t going to make any difference to the plight of the world because they don’t deal with the human situation, they prey on our need to escape from the human condition, they don’t actually end it. **‘Oh but I’ve been searching for an easy way / To escape the cold light of day / I’ve been high and I’ve been low / But I’ve got nowhere else to go...’** ‘Searching for an easy way’: there is no easy way out of here—we have to confront ourselves. Well, in fact there *is* an easy way out of here now but there is no dishonest way—we live by supporting these ideas and it does the rest. It defends us, but initially, in our insecure state, the truth of these ideas is a threat because it exposes the extent of our corruption, our imperfection. So we are searching for an easy way to escape the cold light of day. **‘I followed orders, God knows where I’ve been / but I woke up alone, all my wounds were clean...’** That’s what this information does it defends us. **‘I’m still here, I’m still a fool for the Holy Grail...’** So thanks for taking the time to consider my affirmation of the importance of this information and the exciting time in history that is upon us.

### Section 3:3 Stacy Rodger (recorded December 2009)



My name is Stacy Rodger and I’m 43 years old [at the time of recording] and I was given Jeremy Griffith’s second book *Beyond The Human Condition* in 1992 when I was 25. I wasn’t looking for anything, I wasn’t even too fussed if I read it and I didn’t even know what it was about. But I did read it and what I read absolutely knocked my socks off. It completely transfixed me, I just couldn’t believe what I was reading, I read it and I re-read it. There were two huge revelations for me in that book. The first revelation was understanding the process of Resignation [see [F. Essay 30](#)], which explained to me why my life had changed so dramatically. The second revelation (and this one just took my breath away, there is not a word to describe it) was that someone was finally telling me about the world of men and it is that that I especially want to talk about. [[F. Essay 26](#) & [F. Essay 27](#) explain the different roles that men and women have taken up under the duress of the human condition, including how it affected their relationship and how understanding brings about the true reconciliation between the sexes.]

Being 25 I really had totally given up on ever being able to understand the world of men. I couldn't understand why they would treat me like they did. They weren't at all interested in my inner self. They were only interested in my outer self and that just felt so wrong to me, so wrong. How could I live with that? As a strong woman I so much wanted to participate in life but it was actually precisely because of that strength that I couldn't accept how men were behaving. But I had lots of friends who were men that I really liked and it just never sat right with me that they were bad. I just couldn't get it. It just wasn't right and I could not understand it. I tried to participate in life time and time again. I would read women's magazines from cover to cover to try to understand how you do it, how to be a sex object—how to wear makeup, how to wear the right clothes and get the latest look. But every time I lived out my strength and said what I really thought, especially about the insincerity of men's treatment of women—basically of men being self-centred, totally, seemingly unaware and insensitive towards others and even seemingly unaware and insensitive towards the whole world—it would always end up with men side-lining me and freezing me out. I couldn't understand for the life of me why, when all I was saying was what was completely obvious and absolutely needed saying, as far as I could see, anyway.

So I used to leave the room, asking myself 'What was I getting wrong?!' Slowly but surely I came to the very deep conclusion that *I* was the problem here and clearly a *big* problem. I could do nothing right. I became absolutely crippled with self-doubt. I went from being an incredibly happy, living-in-the-present, participating-in-all-life-had-to-offer girl, to suddenly becoming a girl that was only interested in sport and on a daily mission just to exercise all day, whether it be a run, a swim or a bike ride—anything in fact. The compulsion to complete these activities just felt totally out of my control. I would put them before everything else and hate myself so deeply for doing that. I couldn't trust my thinking at all and I doubted all that I did. I did not want to think anymore and it felt like the same question was spinning around inside my head all day every day: Am I good or am I bad? And the only thing that kept that incessant questioning at bay, was this unbelievably disciplined regime I had developed from the minute I woke up: planning when I would do my run, when I would do my swim, how was I going to do it that day? I was in a state of complete and utter deep confusion. I didn't know what had happened to me, all I knew was that I was no longer happy. I couldn't understand where I had gone wrong. I believed the world should be one way but it wasn't. So I just stopped participating. I became more and more reclusive.

But then I read *Beyond The Human Condition* by Jeremy Griffith and it was the happiest day of my life because here I was reading about *why*. *Why* this had all happened, *why* my life had changed so dramatically and I could finally understand that it was because I had resigned, a process fully explained in *A Species In Denial* [and now in [F. Essay 30](#) and [chapter 2:2 of FREEDOM](#)]. I could understand why men had treated me as a sex object and why they were out there in the world backing their ego [see [Video/F. Essay 3](#) for explanation of the human condition, the cause of our species' angry, egocentric and alienated state]. It was just so exciting to me that there was a good reason for why men are the way they are—actually not just a good reason but a heroic most courageous reason and that the sex object state that women have had to cultivate in themselves has played such an incredibly important supportive role and complements so purposely to the whole story of life.

It has been a truly golden, beautiful role that we have played to support men's job of having to **'march into hell for a heavenly cause'** ('An Impossible Dream', from *The Man of La Mancha*, lyrics by Joe Darion, 1965). Men have been so misunderstood by all on this planet. By me, by women, by nature. But it is not our fault. It is the result of the human condition and thank God that we can understand that now. It has just made so much sense to me that to be able to understand men today we had to go back to the biggest moment in our species' history that Jeremy Griffith has told me about in [his 1991 book] *Beyond The Human Condition*—that being the emergence of a fully conscious brain, and to see what occurred. It had a huge impact on men's and women's roles. Men's job as group protectors was to go out in search of understanding for our conscious thinking self or ego, and women's role as the nurturers was to stay back, unknowing or separate or naïve, of that great battle so that we could preserve as much innocence as we could in order to nurture the next generation. So we don't have an understanding of that great battle or the repercussions of that for men in our bones, and that's through no fault of our own. Men backing their ego or their conscious thinking self is exactly what was required of them prior to the human condition being solved. They had to keep going even though the world, and women especially, were criticising them and trying to get them to capitulate to the world of soul.

So I understand now why men had to shut me out and shut me down. I was so condemning of them, and of the necessary job that they were doing prior to the human condition being solved. They were 100 percent right. It has been an absolute hellish existence for men to have to do that and a hellish existence for women to be a victim of that.

But that is the true beauty about this information. The human condition is solved now and it explains absolutely everything about men and women today and the huge gulf that exists between the sexes. We can now bring understanding to that gulf and the reconciliation that is now possible, is to me, the most exciting thing on Earth. Men and women can truly, truly be together for the first time, from a base of understanding. I mean, how good is that? Because what happens, and I know this first hand, is that when you absorb the fact and the truth about why men are the way they are, you see how totally unfairly maligned by the whole world they have been for the last two million years, and you have so much love and compassion for their courage to carry on despite being totally maligned as the villains on Earth, when in actual fact they are the true heroes. It is that love and compassion that tells men that they are, thank God, now finally understood, and that we understand that. Their defiance and oppression of women can now subside and that is one way that the world can change overnight. The battle is over and men can come in from the cold now, they have won their great battle. The hellish existence stops.

I can't tell you how much this information has totally transformed my life. I can't believe my luck, that I get to be part of the most magnificent movement on Earth, the WORLD TRANSFORMATION MOVEMENT (WTM) and it is magnificent because it dignifies and explains every single human that walks the Earth. This is all that we have ever, ever wanted.

I have gone from being that preoccupied, troubled, hating-myself, with—no-understanding-of-anything-about-the-world, crippled-with-self-doubt 25-year-old girl, to being the happiest 43-year-old on Earth, because I know the human condition is solved and the world will never be the same again. All I want to do now is *think* because I can and I know it's 100 percent safe to do so. This information is all about thinking. I know that I don't need to dissect my life and work it all out, there is so much pain there. To have had to live undefended and unexplained for two million years has come at a horrendous cost for humans. But there is a very, very simple way to live and I know this information has explained everything I need to know.

I'm drenched by this overwhelming feeling of never having to worry about whether I'm good or bad ever again. That's a question I never have to ask again because *I'm good, we are all good*. I can now understand my strength; I can now understand why children are still so alive inside; I can now understand the gap between children and adults; I can now understand the process of Resignation and I know that it's true because it happened to me; and I can understand the difference between resigned and unresigned humans [see [F. Essay 39](#) for explanation of the difference between the resigned and unresigned state].

The best bit about it is that we all have different circumstances having lived life under the duress of the human condition that make us different, but that doesn't mean being resigned or carrying more hurt or upset makes us bad. We are all dignified and loved, every single one of us. Every human that has walked the Earth has done the most incredible job, we have not one thing to worry about ever again. We are safe as houses. None of this cyclone that has been our lot prior to the human condition being solved is our fault. The silence, thank God, is truly broken now forever and children will be the first to know, they will feel it in the air. They don't need the perfect life, they just need to understand life, for the silence to be broken and that has happened now. We truly are meant to be here and Jeremy Griffith, on the back of all the science that has gone before him, has solved the human condition and I can't tell you how unbelievably exciting that is.

I know that humanity's future is utterly glorious and I get so happy all I want to do every day is dance because it has totally transformed my life. We are all so defended, every single one of us and I always thought that would never happen. I thought all the problems on Earth were totally unsolvable but I know better. I know better now. I know that the human condition is solved and it's honestly more than a human could bear, it's so wonderful. As I said earlier, it's all that we have ever wanted. Underneath all our heroic, get-on-with-it, gutsy, keep-a-happy-face exterior is a deep, deep, deep needing to understand ourselves and finally we can.

So all I want to do with my life is stand strongly and firmly upholding the work of the WTM because the full understanding of the human condition that we have at last will transform the world and I know that's true because it's transformed me and it's transformed my life and I absolutely love it and our future is fabulous.