

that debilitating ‘cave’ of denial. Again, as William Blake famously prophesied in his appropriately titled 1790 poem *The Marriage of Heaven and Hell*, ‘**When the doors of perception are cleansed, man will see things as they truly are. For man has closed himself up, till he sees all things through narrow chinks of his cavern.**’ Buddhist scripture contains similarly truthful anticipations of the clarity and form humans would achieve once the ameliorating understanding of the human condition arrived and was absorbed—that ‘**In the future they will every one be Buddhas [be free of psychosis and neurosis] / And will reach Perfect Enlightenment [reach understanding of the human condition]**’ (Buddha [Siddhartha Gautama], *The Lotus Sutra*, c.560-480 BC, ch.9; tr. W.E. Soothill, 1987, p.148 of 275), and ‘**will with a perfect voice preach the true Dharma, which is auspicious and removes all ill**’ (*Maitreyavyakarana*; tr. Edward Conze, *Buddhist Scriptures*, 1959, pp.238-242). Of that time, the scripture says, ‘**Human beings are then without any blemishes, moral offences are unknown among them, and they are full of zest and joy. Their bodies are very large and their skin has a fine hue. Their strength is quite extraordinary**’ (ibid). The Bible similarly describes the time when ‘**Another book [will be]...opened which is the book of life [the human-condition-explaining and thus humanity-liberating book]...[and] a new heaven and a new earth [will appear] for the first heaven and the first earth [will have]...passed away...[and the dignifying full truth about our condition] will wipe every tear from...[our] eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away**’ (Rev. 20:12, 21:1, 4). YES, with understanding of the human condition now found, the human journey *can* have the happy ending we always believed it would: ‘**The happy ending is our national belief**’ (Mary McCarthy, *On the Contrary*, 1961, p.18 of 312).

¹¹⁴⁹ *Achieving* that ‘**happy ending**’, however, obviously requires that we allow the truth to live in our lives, which is an enormous adjustment that resigned humans will initially resist. So while we at last have the means to ameliorate the human condition, we still need to overcome the difficult responsibility of facing and accepting the truth about ourselves. As will now be explained, while the finding of understanding of the human condition *is* wonderfully liberating, it is also fearfully confronting—but, thankfully, as will also be explained in this final chapter, there is an all-exciting and all-relieving way to overcome this last great hurdle of our fear of exposure of our now immensely corrupted state or condition.

Chapter 9:3 ‘Judgment day’

¹¹⁵⁰ Humanity’s journey thus far has been astonishing. In fact, as emphasised in chapter 8, the greatest, most heroic story ever told is our own. That saga, however, is not quite over. When the human-race-liberating, psychosis-addressing-and-solving, real explanation of the human condition arrives, which—as has been fully evidenced—it now has, all the denial that our species has had to employ to cope with the injustice of being unfairly condemned as bad when it was not, is suddenly exposed, and that exposure cannot come as anything other than a tremendous shock. The truth reveals the lies. The light of understanding suddenly floods the darkness of Plato’s cave of denial where the human race has been hiding. The blinds are suddenly drawn on all the lies and delusions we humans have been using to protect ourselves from exposure of our corrupted condition.

¹¹⁵¹ As has been revealed throughout this book, denial has played a dominant role in human life, even pervading science. Although, as stated above, science—through its painstaking discoveries of the mechanisms of the workings of our world—enabled the assembly of this explanation of the human condition, its practitioners have certainly not been rigorously objective and impartial in their 'scientific method'. No, as it (understandably) turns out, scientists—just like every other resigned human—have been committed to avoiding any insights that brought the unbearably depressing subject of the human condition into focus, and there have been many, many such insights. There has been denial of the human condition itself; of Integrative Meaning; of the truth that our distant ancestors lived in an upset-free, innocent state; of the importance of nurturing in human development; of the true nature of consciousness; of our psychosis and the resulting differences in alienation—most especially between our distant ancestors and humans today, but also between individuals, 'races', genders, ages, generations, countries, civilisations and cultures; and of many, many other truths. Yes, a great deal of *subjectivity* has polluted the practice of science, and with the arrival of the truth about the human condition all that subjective dishonesty is suddenly revealed. The arrival of understanding of the human condition exposes not just all the denials that every human has been practising—but all the lies that science has been engaging in in support of that denial.

¹¹⁵² So while the arrival of understanding of the human condition liberates the human race from 2 million years of living with unjust condemnation, the immense change that this understanding brings cannot help but come as a *very* great shock, with the most difficult change to adjust to being the exposure of our corrupted condition—the *extent* of our accumulated anger, egocentricity and denial/falseness/dishonesty/alienation. As was mentioned earlier in par. 592, in his famous 1970 book, *Future Shock*, Alvin Toffler was remarkably prescient in his anticipation of this time when understanding of the human condition would emerge and humans would suddenly be faced with (as he put it) **'the shattering stress and disorientation that we induce in individuals by subjecting them to too much change in too short a time'** (p.4 of 505). Yes, the truth about ourselves unavoidably and necessarily reveals the extent of our now immensely upset condition; it destroys the lies, our denials, our pretences and delusions, as it must, otherwise it wouldn't be the truth. Consider the Adam Stork analogy that was presented in chapter 3:4. If Adam could have explained why he had to carry out his search for knowledge when he was *first* criticised for doing so he would never have become upset—he would never have become defensively angry, egocentric and alienated. Or, if he had found the explanation after only a few days of carrying out that search, he would have accumulated very little anger, egocentricity and alienation to have to heal with understanding. But in *our* species' case, our conscious, self-managing, human-condition-afflicted state fully emerged over *2 million years ago* and we have only *just* found the understanding of why we became upset, which means there is an absolute mountain of accumulated anger, unsatisfied ego, and denial in us humans to have to heal with this understanding. Certainly, we have learnt to restrain and conceal a great deal of the upset that exists within us. We have learnt to, as we say, 'civilise it', not let it show; for instance, we don't normally attack someone now the moment we become angry. Adult humans now exercise a great deal of self-control, but underneath our manufactured facade of restrained civility, even manufactured happiness,

lies volcanic anger and immense frustrated egocentricity, which expresses itself in all the ferocious atrocities and vengeful acts of bloodshed we humans commit, and (albeit to a much lesser degree) in the smaller disputes that mar our everyday lives.

¹¹⁵³ Yes, truth day *is* honesty day, exposure day, transparency day, revelation day. It is, in fact, the long-feared so-called **‘judgment day’** referred to in the Bible (Matt. 10:15, 11:22, 24, 12:36; Mark 6:11; 2 Pet. 2:9, 3:7; 1 John 4:17; Acts 17:31; Rom. 2:16; Isa. 66, Joel 3:2). And although this **‘judgment day’** is actually a day of compassionate understanding, not a day of condemnation—as an anonymous Turkish poet once said, judgment day is **‘Not the day of judgment but the day of understanding’** (Merle Severy, ‘The World of Süleyman the Magnificent’, *National Geographic*, Nov. 1987)—it *is*, nevertheless, a day when the extent of our species’ by now *extremely* psychologically upset condition is revealed. This paradox of being wonderfully liberated but at the same time agonisingly exposed was captured by the prophet Isaiah when he said that the liberation that **‘gives you relief from suffering and turmoil and cruel bondage...will come with vengeance; with divine retribution...to save you. Then will the eyes of the blind be opened and the ears of the deaf unstopped... Your nakedness will be exposed and your shame uncovered...on the day of reckoning’** (Bible, Isa.14:3; 35:4-5; 47:3; 10:3). The prophet Joel also described the paradoxical consequences of the arrival of understanding of the human condition when he said **‘The sun will be turned to darkness and the moon to blood before the coming of the great and dreadful day of...judgment’, ‘it will come like a destruction’, but ‘In that day the mountains will drip new wine, and the hills will flow with milk... Their [people’s] bloodguilt...will [be] pardon[ed]’** (Bible, Joel 1-3). Referring to **‘the Day of Reckoning’** (*The Koran*, ch.56) and **‘the Last Judgement’** (ibid. ch.69), the prophet Muhammad provided a similar description of this paradoxical situation when he said, **‘when the Trumpet is blown with a single blast and the earth and the mountains are lifted up and crushed with a single blow, Then, on that day, the Terror shall come to pass, and heaven shall be split...On that day you shall be exposed, not one secret of yours concealed’** (ibid). While in Zoroastrian religion, **‘god...the one supreme deity...represented both light and truth...Ranged against him stood the powers of darkness, the angels of evil and keepers of the lie. The universe was seen as a battleground in which these opposing forces contended, both in the sphere of political conquest and in the depths of each man’s soul. But in time the light would shine out, scattering the darkness, and truth would prevail. A day of reckoning would arrive in which the blessed would achieve a heavenly salvation, while all others would find themselves roasting in fiery purgatory’** (*A Soaring Spirit: Time-Life History of the World 600-400 BC*, 1988, p.37 of 176). And interestingly, the word ‘apocalypse’ is a further anticipation of this time when the liberating truth about our species’ immensely heroic but also horrifically upset, exhausted condition is suddenly revealed. The original name for the Book of Revelation in the Bible, the etymology of ‘apocalypse’ is **‘Ancient Greek: meaning “un-covering”...translated literally from Greek, [it] is a disclosure of knowledge, hidden from humanity in an era dominated by falsehood and misconception, i.e., a lifting of the veil or revelation’** (Wikipedia; see <www.wtmsources.com/127>); **‘a cataclysm in which the forces of good triumph over the forces of evil’** (*The Free Dictionary*; see <www.wtmsources.com/112>).

¹¹⁵⁴ With regard to the exposure brought about by discussion of the differences in alienation that exist *between* individuals (*and* ‘races’, genders, ages, generations, countries, civilisations and cultures), immediately after describing how the arrival of the all-exposing, shocking truth about humans will come **‘like the lightning, which flashes and lights up the sky from one end to the other’**, Christ described how **‘two people will be in one bed; one will be taken** [revealed as sound,

relatively free of upset and alienation] **and the other left** [revealed as being upset and alienated]. **Two women will be grinding corn together; one will be taken and the other left**' (Luke 17:24, 34, 35; see also Matt. 24:27, 40). Again, it has to be emphasised that '**judgment day**' is *not* a time when some will be judged as deserving of being '**taken**' to heaven and others '**left**' behind, rejected as bad and 'evil'—even condemned to a '**fiery purgatory**'—but a time of compassionate understanding of *everyone's* situation. The prophet Micah understood the real nature of truth/judgment day when he said, '**I will bear the Lord's wrath, until he pleads my case and establishes my right. He will bring me out into the light; I will see his justice...Who is a God like you, who pardons sin and forgives the transgression...You do not stay angry forever but delight to show mercy. You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea**' (Bible, Mic. 7:9, 18-19). Yes, the way '**the forces of good triumph over the forces of evil**' is through 'evil' finally being compassionately, lovingly understood as a heroic consequence of humanity's immensely courageous but psychologically upsetting battle to defeat ignorance—which is the point Sir Laurens van der Post was making when he wrote that '**True love is love of the difficult and [historically] unlovable**' (*Journey Into Russia*, 1964, p.145 of 319).

¹¹⁵⁵ On this note, I should immediately stress that while the left-wing faction in politics, mechanistic science as a whole, and the scientists E.O. Wilson, Richard Wrangham, Victoria Wobber and Brian Hare, have been particularly targeted for exposure of their alienating denials in this book, *everyone's* denials are now exposed. The fact is, the human-condition-confronting, truthful analysis of *anyone's* situation would reveal similar levels of dishonesty. The only reason the left-wing political paradigm, mechanistic science, and the individuals listed above have been targeted for exposure is because *their* particular denials happen to be the most dangerous in terms of the threat they pose of taking humanity to terminal alienation and extinction. In the case of the extreme danger that denial-based mechanistic science poses to the world, I should include these honest words from Charles Birch, who, as I've mentioned before, I was fortunate enough to have as head of the biology faculty at Sydney University when I was studying science there: '**the mechanistic view...is the dominant mode of science and is particularly applicable to biology as it is taught today...[it is] A view or model of livingness that leaves out feelings and consciousness...[and] I believe it has grave consequences...In the name of scientific objectivity we have been given an emasculated vision of the world and all that is in it. The wave of anti-science...is an extreme reaction to this malaise...I believe biologists and naturalists have a special responsibility to put another image before the world that does justice to the unity of life and all its manifestations of experience—aesthetic, religious and moral as well as intellectual and rational**' ('Two Ways of Interpreting Nature', *Australian Natural History*, 1983, Vol.21, No.2). And this '**unity of life and all its manifestations of experience—aesthetic, religious and moral as well as intellectual and rational**' is *not* the fake offering that E.O. Wilson—that lord of lying, the master of keeping humanity *away* from any truth; indeed, the quintessential '**liar...the antichrist**' (Bible, 1 John 2:22), the '**deceiver and the antichrist**' (2 John 1:7), '**The beast...given...to utter proud words and blasphemies**' (Rev. 13:5)—put forward in his 1998 book, *Consilience: The Unity of Knowledge*, when he proposed that Evolutionary Psychology's alleged ability to explain the moral aspects of humans meant biology and philosophy, the sciences and the humanities, indeed science and religion, could at last be reconciled. Wilson wrote of '**the attempted linkage of the sciences and humanities...of consilience, literally a "jumping together" of knowledge...to create a common groundwork of explanation**'

(p.6 of 374). And nor is it his more recent—and even more dishonest—attempt to explain the origins of humans’ moral nature and the human condition. No, it is *only* the psychosis-addressing-and-solving *real* explanation of the human condition that is being presented here in this book that brings about the realisation of Birch’s belief in a ‘malaise’-of-‘science’-ending, ‘unity of life and all its manifestations’. It is only *this* book that reconciles religion and science, instinct and intellect, conscience and conscious, idealism and realism.

¹¹⁵⁶The focus of this chapter, then, is on the *ramifications* of getting this greater truth up about humans—on HOW IS THE HUMAN RACE, and all its institutions, such as our political and scientific bodies, SUPPOSED TO COPE with this ultimate ‘future shock’, the ‘Terror’ and ‘cataclysm’ of having to face such a massive paradigm shift? How are humans going to endure this arrival of ‘judgment day’ where all our ‘nakedness will be exposed’ and, for example, the differences in alienation between ‘two people [and ‘races’, genders, ages, generations, countries, civilisations and cultures]’ will be revealed? Encountering the ‘naked’ truth about ourselves cannot help but be an *immense* shock. What is being introduced is the arrival of the *real* ‘future shock’, ‘brave new world’, ‘tectonic paradigm shift’, ‘gestalt switch’, ‘renaissance’, ‘revolution’ or ‘sea change’ humanity has long anticipated would one day arrive. BUT HOW ARE WE SUPPOSED TO MANAGE SUCH A COLOSSAL TRANSITION?!! The answer, which will now be explained, is that while there will be an initial, brief period of shock and overwhelmed bewilderment, this great change from living in denial to living honestly is not only *not* difficult or painful, it is extremely easy and incredibly exciting, painless and joyful. Yes, there is not merely a way of *coping* with the truth about humans when it arrives, but an almost *unbearably exciting way of living* with it.

Chapter 9:4 The Transformed Lifeforce Way of Living

¹¹⁵⁷Exasperated by all the denial/dishonesty/falseness/‘phon[iness]’/‘fake[ness]’/delusion/pretence/artificiality/superficiality in human life, John Lennon, that creative genius and member of The Beatles band, desperately pleaded for some honesty in his 1971 song *Gimme Some Truth*: ‘All I want is the truth, just gimme some truth. I’ve had enough of reading things by neurotic...politicians...I’m sick to death of seeing things from tight-lipped...chauvinists...I’ve had enough of watching scenes of schizophrenic...prima-donnas...I’m sick and tired of hearing things from uptight...hypocrites...All I want is the truth now, just gimme some truth NOW.’ Yes, we are all literally ‘sick and tired of’ the dishonest denial the world has been drowning in; we have all completely had enough of the human condition and are all desperate to be free of it—BUT, while it is one thing to wish for the truth, it is quite another to cope with that truth, and the changes it heralds, when it actually arrives!

¹¹⁵⁸So *how is* the human race supposed to cope with having its 2 million years of accumulated denials, all our dishonest delusions and artificialities, and our pain and alienation, suddenly revealed? To arrive at the answer we need to summarise how humans came to be in the situation we are now in, and how this situation changes with the arrival of understanding of the human condition—because doing so will provide the logical sequence of events that leads to the equally logical way that humans will be able to manage their transition from being a victim of the human condition to becoming a secure, sound, effective manager of our world.