As one parent acknowledged, ‘The biggest crime you can commit in our society is to be a failure as a parent...people would rather admit to being an axe murderer than being a bad father or mother’ (Sunday Life mag. Sun-Herald, 7 July 2002). The so-called ‘nature vs. nurture’ debate has in truth not been about the evidence for one argument over the other, rather it is a manifestation of the terror most people have of confronting the truth of the significance of nurturing in their own lives and in the lives of their children and wanting to deny it by any means they can find, no matter how dishonest. Attributing our personalities to the influence of ‘nature’, to the influence of our genetic make-up, is so much less condemning than having to admit the immensely important role nurturing played in the formation of our character.

Taking all of this into consideration, it is little wonder that the truth about the importance of nurturing has been another of the unbearably condemning truths for the upset human race.

Summary of why the elements of instinct and intellect involved in producing the upset state of the human condition have been so difficult to acknowledge, think about and thus investigate.

The six truths that have been outlined are the main truths that the upset human race has found unbearable to think about, and being unable to think about them has meant that even recognising the obvious elements involved in the human condition of our instinct and intellect has been too difficult for virtually all humans—let alone trying to think about the nature of those elements and how their differences might have produced the upset state of our human condition! The result is that although the human condition has been the most important issue to solve, virtually no one has been able to go near it.

It should be said that these six truths are only some of the more prominent truths that the upset, insecure, human-condition-afflicted human race has had to live in denial of. As this presentation progresses it will become apparent that there have been many, many truths that have not been safe to admit. Only with the full truth, the explanation of the human condition found, as it now is, does it become safe to acknowledge all these truths—only now can upset humans stop living in denial and leave Plato’s dark cave where they have been hiding and face the glaring light of the sun, which symbolises all the truth that, until now, has had to be denied.

Part 4.5 The history of the search for understanding of the human condition

The stalling point in finding the explanation of the human condition has been the almost universal inability to confront and think honestly about the obvious elements involved in producing the upset state of the human condition—our instinct and our intellect. However, having now described the six truths that had to be admitted and confronted in order to explain the human condition it can be appreciated why thinking about the human condition has been impossible for virtually all humans. As mentioned, Rod Quantock, Albert Camus and Bertrand Russell certainly weren’t exaggerating when they recognised the danger of thinking truthfully and thus deeply in the following, respective quotes: ‘Thinking can get you into terrible downwards spirals of doubt’, ‘Beginning to think is beginning to be undermined’ and ‘Many people would sooner die than think.’

Only a truthful, denial-free, ‘out-of-cave’ approach could hope to confront, think about and explain the human condition, but, as we will now see, such denial-free thinking has been almost non-existent.
As mentioned, science—humanity’s designated vehicle for investigating the nature of our world and our place in it—was also stalled in its ability to look into and explain the human condition. As humans who, like the rest of humanity, suffered from the human condition, the great majority of scientists have necessarily had to live in denial of the issue of the human condition and of any truths that brought that issue into focus; they have, in almost all cases, been mechanistic, focusing their thoughts away from the overarching whole view of Integrative Meaning and down into the details and mechanisms behind the workings of our world in the hope that if they could accumulate sufficient understanding of those details and mechanisms a non-mechanistic, denial-free-thinking scientist might one day be able to use those insights to explain the human condition, at which point everyone could safely confront the whole view of Integrative Meaning and any truths that related to it—which is what has, at long last, finally occurred.

I now need to outline the history of this all-important search for understanding of ourselves, understanding of our less-than-ideal, seemingly imperfect, good-and-evil-afflicted, upset state of the human condition. In doing so we will see that this search was undertaken by four categories of thinkers.

The four categories of thinkers involved in the history of the search for understanding of the human condition:

The **First Category** comprises those thinkers who, despite the fearful difficulties almost all humans have of recognising even the elements of moral instincts and a corrupting intellect, managed to admit the involvement of those elements in producing the upset state of the human condition.

The **Second Category** comprises the few very brave individuals who managed to not only admit the elements involved in the human condition of our moral instincts and a corrupting intellect, but also attempted to explain how those elements produced that upset psychosis.

The **Third Category** contains those who recognised the involvement of the elements of instinct and intellect in the psychosis of our human condition, but avoided the issue of the human condition by denying we have moral instincts.

The **Fourth Category** comprises the great majority of the human race, including the great majority of scientists. This category contains those who avoided the whole issue of a psychosis in our human situation by simply blaming our selfish and aggressive behaviour on supposed brutish and savage animal instincts that lurk within us and which our intellect has to control.

**Part 4:6 First Category of Thinker: Those who admitted the involvement of our moral instincts and corrupting intellect in producing the upset state of the human condition**

As has been emphasised, humans have known since time immemorial that our moral instincts and corrupting conscious intellect are the elements involved in producing the upset state of the human condition, but without Darwin’s insight into the process of natural selection, which revealed that instincts are only orientations, it was not possible to explain why the clash between our moral instincts and conscious intellect occurred. So when we humans shook our fist at the heavens we were basically asserting our intrinsic belief that, despite that instinctive voice within us of our moral conscience making us feel guilty for