

FREEDOM: The End Of The Human Condition **by Jeremy Griffith**

Synopsis

Why do we thinking, rational, immensely clever, supposedly sensible beings behave so ruthlessly, competitively and selfishly that human life has become all but unbearable and we have nearly destroyed our own planet? Are we a flawed species, some sort of evolutionary mistake, fundamentally worthless beings—or are we possibly the absolute heroes of the story of life on Earth? How are we to make sense of the awesome contradictions of the human condition? Yes, *how are we to truly understand ourselves*—because without redeeming, biological understanding there can be no real peace for the human mind, no basis for the much-needed psychological rehabilitation of the human race.

Venturing, however, into the heart of darkness of this most foreboding of all frontiers for the human mind of the issue of self, the issue of what the human condition *really* is, has been a near impossible task. When the poet Gerard Manley Hopkins wrote, ‘**O the mind, mind has mountains; cliffs of fall, frightful, sheer, no-man-fathomed**’, he was acknowledging how fearfully depressing the issue of the human condition has been for virtually all humans, and why, therefore, our condition has never been truthfully ‘**fathomed**’—‘truthfully’ because innumerable explanations have been put forward for the human condition, but none have genuinely confronted and, by so doing, solved the human condition.

But no longer is this the case, because Australian biologist **Jeremy Griffith** *has* been able to venture right to the bottom of the dark depths of what it is to be human and return with the fully accountable, true explanation of our seemingly imperfect lives. At long last we have the redeeming and thus transforming understanding of human behaviour! And with that explanation found all the other great outstanding scientific mysteries about our existence are now also able to be explained—of the meaning of our existence, of the origin of our unconditionally selfless moral instincts, and of why we humans became conscious when other animals haven't. Yes, the full story of life on Earth can finally be told!

Summary of Contents

Chapter 1. An analysis of the true nature of the human condition and our species' intrinsic fear of the subject, and a summary of the understanding that is able to end the underlying insecurity and resulting psychosis of everyone's condition and, through doing so, transform every human into a new, human-condition-free person.

Chapter 2. Why and how biologist E.O. Wilson and the rest of mechanistic science have been leading humanity to terminal alienation. Unable to confront the psychological dilemma of the human condition—our species’ seemingly inexplicable capacity for both ‘good and evil’—humanity and its vehicle for enquiry, mechanistic science, has been in denial of the issue, presenting increasingly dishonest excuses for our uniquely contradictory behaviour.

Chapter 3. The truthful, human-condition-confronting, fully accountable, psychosis addressing-and-solving, real biological explanation of the human condition. The human condition emerged 2 million years ago when our intellect evolved sufficiently to wrest control from our instincts—a conflict that caused an upsetting psychological condition that is the underlying issue in all human affairs.

Chapter 4. The teleological meaning of human existence. With humans’ upset state defended, we can finally recognise the true integrative meaning of life and the laws of physics that govern it.

Chapter 5. How humans acquired their altruistic moral soul. Evidence from primatology and anthropology illustrates how ‘love-indoctrination’, the process whereby nurturing leads to infants being ‘indoctrinated’ into behaving selflessly, led to the emergence of genuinely altruistic moral instincts in our ancestors.

Chapter 6. Mechanistic science’s dangerous denial of the nurturing origins of humans’ moral nature. Current nurturing-denying scientific explanations for our cooperative behaviour are exposed and dismantled; includes description of the resistance this explanation has met, and its ultimate triumph in the biggest defamation case in Australia’s history.

Chapter 7. The fully accountable biological explanation for how, why and when humans became conscious.

Chapter 8. The denial-free account of our species’ heroic journey from ignorance to enlightenment. Humanity’s 7+ million year journey from *Sahelanthropus* through to *Homo*—a progression driven by our developing psychology—is paralleled with the life of an individual through Infancy, Childhood, Adolescence to Adulthood.

Chapter 9. How this psychosis-addressing-and-explaining, real biological explanation of the human condition heals our species’ upset and transforms the human race.

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Phone: + 61 2 9486 3308

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